

SPECIAL POPULATIONS discovering ABILITIES

Questions or Comments about Special Populations Programs?

Kathy Schommer is coordinator of the special populations programs.

To contact her
call 296-3224 or email
Kathryn.Schommer
@ketteringoh.org.

FITNESS AND SPORTS

Fitness Room Orientation for People With Disabilities

We recognize the need for physical fitness for all our citizens. Fitness room orientations for people with physical disabilities may be arranged by calling 296-2587 (KRC) or 293-4348 (KFWC). Appointments are required. The fee for an orientation is \$25 for residents and \$37.50 for non-residents and may be applied towards the purchase of an annual pass. The orientation covers use of hand mitts, adapted stretching, strength, movement, transfers and concepts dealing with adaptive fitness programs. For more information, call the Kettering Recreation Complex at 296-2587.

A Playground For All

The *Playground for All* is located in Indian Riffle Park, 2801 E. Stroop Road. Funded in part by the Kettering Parks Foundation, South Dayton Ambucs, The Community Foundation for Kettering, the City of Kettering Parks, Recreation, and Cultural Arts Department and many others, the playground was originally built in 1992 and renovated in 2009. This innovative playground features a poured-in-place soft surface which allows children of all abilities access to the entire playground. The playground equipment is designed for children of all abilities to enjoy.

Reminder: If you would like information about upcoming Special Populations programs and events, please help us update our records and send us your e-mail address.

Is My Class Canceled Due to Poor Weather?

When Kettering City Schools are closed due to inclement weather, all registered and instructor-led classes that occur before 5 p.m. are canceled. A decision will be made by 3 p.m. whether evening classes will be canceled. Please call our hotline at 296-3282 for up-to-date weather cancelations.

GENERAL INFORMATION

Camp Discovery and Jr. Discovery

Jr. Discovery is for campers 7-14 years old.

Camp Discovery is for young adults ages 15-21

Camp Discovery and Jr. Discovery are day camps that focus on improving the social and communication skills of children and young adults with special needs through fun summer activities. Campers will participate in a variety of activities including swimming, fishing, community field trips, art projects and much more. Camp will run seven weeks, Monday - Friday June 11 through July 27, 9 a.m. - 3 p.m. Both camps will have a 4:1 ratio camper to counselor.

Applications will be at Kettering Recreation Complex after January 15 or call Kathy Schommer at 296-2587 to have an application mailed to you.

Would You Like To Help?

At the very heart of our Access to Recreation Program is our group of leisure assistants serving in various capacities. If you would like to offer support so that individuals with disabilities may participate fully in recreation and leisure activities in our community, please call the Volunteer Resources Manager at 296-2433. Remember, there is still much to be done in providing activities for people with disabilities. You *can* make a difference.

Outside Winter Fun

Visit Pondview Park the first universally designed, self-guided environmental park in Ohio. Journey down the accessible trails, and experience the learning stations. Even during the cold days of winter there are endless opportunities to go outside with your children and grandchildren and experience the season. You will need to adapt, like the animals do, and put on layers to stay warm and dry, but what you will discover together will amaze you.



Photo by Gary Roeckner